



For articles on local mental health services, news, features, research, and discussion, visit the award-winning website: [www.oxfordmhf.org.uk](http://www.oxfordmhf.org.uk)



*Commended by the British Medical Association  
2013 Patient Information Awards*

Working collaboratively with local groups and organisations to help fight stigma and help support people in Oxfordshire affected by mental illness



## Get involved!

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Help shape Oxford Mental Health Forum to provide a valuable resource and help others



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